

Swimmer Profile	
Name: Ruby Heath	Age: 16
Club: SwimZone Racing	Coach: John Ross
About	
Greatest achievement in swimming: Representing New Zealand at Australian Short Course State National Age Groups	
Major goals for the next 2 years: Represent New Zealand at swimming as many times as possible	
What is your pre-race ritual? Listening to music, stretch and drink lots of water	
If you could only eat one thing for the rest of your life what would it be? Pasta	
Who or what inspires you and why? Katie Ledecky – She pushes through the pain	
School/University/subjects/company/position? Chilton Saint James, Lower Hutt	